

FY2014 CHNA&HIP Progress Report

Tama County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Decrease the % of children in Tama County under age 6 who are lead poisoned.	1. Maintain childhood lead poisoning program through yearly Empowerment grant.	The lead poisoning program is currently maintained by county funds, as the Empowerment/Early Childhood Iowa funds are no longer available for this program.
	2. Continue to partner with WIC and Maternal Child Health Programs to test children at WIC Clinics.	Partnership with WIC/MCH is maintained and children are tested by Tama County RN at WIC Clinics.
	3. Promote education to providers yearly regarding local lead poisoned children rates and the need to test all children at well-child appointments according to Iowa Code, regardless of risk factors.	Collaboration, communication and education with local health care providers is ongoing. The Tama County Public Health nurse works with the primary health care provider of all children with high lead level results.
	4. Promote lead poisoning awareness every October to educate parents regarding: effects of lead poisoning, reasons for testing and testing schedule.	Parent education regarding lead poisoning is provided through educational sessions at The Nest of Tama County and Head Start, and distribution of written material throughout county.
	5. Continue to partner with the City of Marshalltown in its HUD Lead Remediation activities.	This partnership is maintained.

GOAL	Strategies	Progress on Strategies
Decrease the mortality rates of diseases (coronary heart disease, colon cancer) related to diet, activity and unhealthy behaviors.	1. Form a coalition to engage community partners in developing strategies and practices that will promote healthy behaviors in the Tama County population. Plan specific strategies addressing the county's socioeconomic characteristics.	The Tama County Wellness Coalition has been in existence since October 2011. Strategies/activities implemented in the spring of 2013 included healthy cooking classes offered to the public, collaboration with several local businesses to offer healthier snacks in company vending machines, secured grant funding to extend local walking/biking trail and completion of an assessment of the walkways to the local school. The results of this assessment were shared with city elected officials.
	2. Promote WIC: WIC provides low income families with pregnant women and children birth-age 5 with education and healthy foods, thus promoting healthy eating habits.	The Tama County Maternal Child Health Nurse makes referrals and participates in WIC Clinics held in Tama County twice monthly.
	3. Collaborate with schools to include more health and nutritional information in school newsletters for parents to read.	Local school distributed the information for the healthy cooking classes and provided the location for the classes.
	4. Develop a display and/or short informative talk concerning nutrition for children that could be used at already established school or community events.	The display has been developed and presented at a community health fair in March 2013, at a school awareness day in April 2013, at county government day for high school students in April 2013 and 2014, and at a 5th grade health class in March 2014.
	5. Seek grant funding related to promoting healthy behaviors in children and adults.	Tama County Public Health/ Tama County Wellness Coalition was awarded a Healthy Living Project grant from IARC/IDPH for \$10,000 in 2013. This funding assisted us in conducting the healthy cooking classes and expanding the walking/biking trail. A grant for \$750 from IDPH was also awarded which facilitated the vending machine project with local businesses.
	6. Collaborate with local businesses to promote implementation of employee wellness programs.	6. In addition to collaborating with local businesses in the vending machine project, the Wellness Coalition was able to work with a local nursing home on a physical exercise program that was open to both employee and resident participation.